



MEDICAL EDUCATION INSTITUTE

414 D'Onofrio Dr, Suite 200 | Madison, WI 53719
P 608-833-8033 | F 608-833-8366 | meiresearch.org

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Contact: Rob Poehnelt, Marketing Communications Manager

Phone: 608-833-8033

rpoehnelt@meiresearch.org

MEI Wins National Award for UFR Calculator on Home Dialysis Central

Madison, Wisconsin—The non-profit [Medical Education Institute \(MEI\)](http://www.meiresearch.org) is a Silver Award Winner in the 19th Annual [Digital Health Awards](#) for its [Ultrafiltration Rate Calculator](#) on [Home Dialysis Central](#). Ultrafiltration rate (UFR) is the speed at which water is pulled out of the blood during hemodialysis. The Digital Health Awards honor the world's best digital health resources.



MEI built the tool, with input from Dr. John Agar and members of the Renal Unit, Barwon Health, Geelong, Australia, to help users see how fluid gains, body weight (in pounds or kilograms), and time affect a safe prescription to protect patients' hearts. The UFR Calculator was chosen for this award by a panel of 34 experts in digital health media in the Non-Profit category.

The free UFR calculator can be used by clinicians or consumers, before or after a treatment. *“This tool helps dialysis staff to better understand the impact of UFR on how patients feel—and helps patients to see if the treatments they are receiving are safe, or may be causing symptoms of deadly organ stunning,”* said Dori Schatell, MEI Executive Director. *“UFR is a vital measure of safe and gentle treatment for patients whose kidneys have failed.”*

About MEI: Founded in 1993, MEI is a national 501(c)(3) non-profit organization dedicated to helping people with chronic diseases learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based educational materials for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through corporate sponsorships, fee-for-service contracts, product sales, and donations. Tax-deductible contributions can be made through MEI's website, www.meiresearch.org.

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