HOW TO TAKE A BATHROOM BREAK ON NXSTAGE

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Steps to Stop Treatment
- Remove tape from your shirt.
- Press STOP on the machine.
- CLAMP the arterial (RED) patient line AND the access line. DISCONNECT.
- CONNECT the arterial (RED) to the RED clamp of the saline spike.
- Keep the venous (BLUE) lines connected. Keep the clamps open.
- Do a RINSEBACK by pushing the FLUID button. CLOSE ALL CLAMPS.
- Remove the arterial (RED) line from the priming spike line.
- Remove the venous (BLUE) line from the needle.
- Connect the arterial (RED) and venous (BLUE) lines on the machine TO EACH OTHER using a peanut.
- Press GREEN TREATMENT Kidney on the machine. Blood will circulate in a closed loop through the peanut while disconnected.
- Tape your lines with syringes to your shoulder.

While in the bathroom, recirculate blood for a MAXIMUM of 30 minutes:
- Make sure RED and BLUE clamps are OPEN where connected to the peanut.
- Press GREEN TREATMENT Kidney on the machine and adjust the flow rates:
  - Dialysate to 0.1 (GREEN)
  - Ultrafiltration to 0.0 (YELLOW)
  - Blood flow to 200 (RED)

Steps to Restart Treatment
- Press STOP on machine.
- CLAMP and DISCONNECT the arterial (RED) and the venous (BLUE) patient lines from the peanut.
- RECONNECT the patient lines to the vascular access (RED and BLUE).
- UNCLAMP all four clamps.
- UNCLAMP RED and BLUE clamps
- Press GREEN TREATMENT Kidney on machine to resume.
- Reenter therapy rates: (RED, YELLOW, GREEN)

https://www.nxstage.com/hcp/training-resources/temporary-disconnect-with-blood-module