IMMÔBILÉ FST INSTRUCTIONS FOR USE FOR BUTTON HOLE ACCESS

COMPONENTS OF IMMÔBILÉ FST:

The Immobilé FST is designed as a tool to assist patients with one-handed self-cannulation for buttonhole (butt) needles as well as for sharp needle cannulations of grafts and fistulas. The following examples portray cannulating buttonhole access.

1. Cannulate your arterial access first (the one closest to your wrist) making sure your needle is at the proper angle as your nurse/trainer has instructed. When you see the blood flash back, place wings firmly on the adhesive window. Note that you can use the FST to place the angle of the wings to maximize flow.

2. Prepare precut tape according to your training. Our suggestion is to prepare six pieces of tape: (2) three-inch pieces, (2) five-inch pieces and (2) tape strips. (2) ninches pieces in length. It is easier to make the six pieces out of narrower tape (if possible). Use one of the 3-inch pieces and place across the wing of the needle to prevent it from tipping as shown.

3. Select one of the 6-inch pieces and place the center of the tape strip under the needle facing with the adhesive facing up (as close to the back of the Needle Wing as possible, as shown). Create a “chevron” by taking one end of tape and bring it up across the wing and away from button hole as shown and repeat with other end of the tape.

Finally, take one of the 5-inch pieces of tape and place a 1” x 1” Gauze pad in the middle. Tape across the underlying tape and the “chevron”. Repeat the same cannulation instructions and repeat the tape down steps on the upper button hole.

Follow your instructions for performing dialysis after both needles are cannulated.