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PREPARE
☐ Place your vacation order with your clinic. Order enough hanging bags, cartridges, drain lines, and fluid warmer lines for each treatment, plus 2-3 days extra for emergencies.
☐ Have supplies shipped to your destination. Confirm your order with NxStage. Confirm with your destination that supplies arrived.
☐ Drain lines are 24/case. Bring them along if you will use less than ½ case.
☐ Fluid warmer lines are 24/case so bring them from home if you are using less than a half case.

MACHINE SUPPLIES
☐ Dialysis machine
☐ Machine travel case – aluminum case for air travel, soft sided for all other
☐ Power cord
☐ Cartridge holder
☐ IV Pole, holder, top, and base
☐ Warmer plate and power cord
☐ Leak detector
☐ Nx2Me, If used

TREATMENT SUPPLIES
☐ Blood pressure cuff
☐ Thermometer
☐ Tourniquet
☐ Scissors
☐ Clamps
☐ Tweezers
☐ ____________________
MEDICAL SUPPLIES IN ZIP LOCK BAGS – 1 bag per treatment plus 2-3 extra bags:

☐ 2 Chux
☐ 4 (or recommended number) alcohol/choraprep pads
☐ Tape
☐ 2 Bandaids
☐ Betadine pads, if used
☐ 2 syringes for saline
☐ 1 syringe with needle for heparin
☐ Dialysis needles
☐ Sterile/non-sterile 2x2 and 4x4 gauze

OTHER MEDICAL SUPPLIES
☐ Epo and Venofer medications, syringes, and needles as prescribed
☐ Glucometer test strips and insulin supplies
☐ Heparin
☐ Emla cream and saran wrap to cover
☐ 1-2 extra 30 cc syringes for air removal

OPTIONAL BUT USEFUL
☐ Scale
☐ Sharps box (you can place needles in Zip lock bag and dispose of when you return home)
☐ Pillow, blanket, and/or electric blanket
☐ Flow sheets to record treatment if not using Nx2me
☐ Medication list
☐ Personal medications
☐ Heavy duty extension cord
☐ Machine manual and alarm codes
   (if not on a phone app)
☐ Duct tape
☐ Small tool kit

[Additional fields for phone numbers]

IMPORTANT PHONE NUMBERS
NxStage 1-866-697-8243
Clinic Nurse ____________
Nephrologist ____________